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Wednesday, September 12, 2018 metro.us | t: MetroBOS | f: MetroBoston

'APOCALYPSE' NOW

Your guide to the new season of
"American Horror Story." 9



KURT ISWARRENKO/PA

Eat Up, Boston: "America's Test Kitchen"'s
food fest is back. 10-11

NFL Power Rankings:
Patriots near the top. 13



The Cannabis Queen

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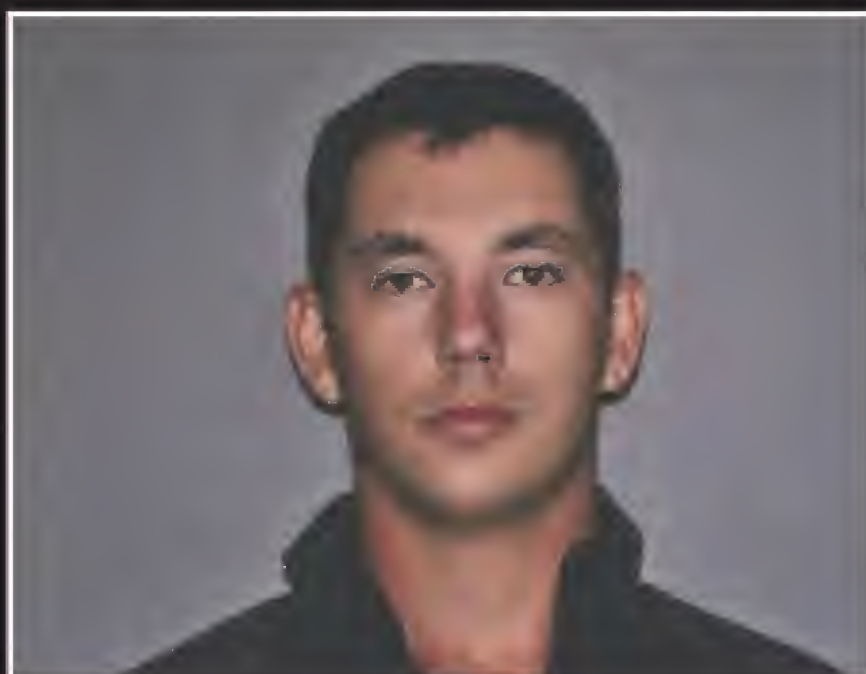
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JUSTICE FOR CHICO

A Whitinsville man was in court Tuesday, accused of
burying alive his 18-year-old Shih Tzu named Chico.



[LEFT] RICHARD PICQUARD - NORTHBIDGE POLICE DEPT | [RIGHT] CHICO - FACEBOOK

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MORGAN ROUSSEAU, MANAGING EDITOR

For those of us who have pets, the thought of seeing them hurt or afraid is unbearable. For me, the dogs, cats and bunnies (and one ball python!) I've owned have been cherished family members. That's why it was so hard to write the story on page 4, about a Whitinsville man who is facing charges for burying his dog alive because the pet didn't get along with a new kitten. Read about the case inside, and get more local stories at metro.boston.us.

WELCOME TO
METRO BOSTONTRUMP PROMISES ALL-OUT
HURRICANE RESPONSE

President Donald Trump on Tuesday said the federal government would spare no expense in responding to the likely damage from Hurricane Florence, which is forecast to hit the Carolina coast later this week. "Congress will be very generous, because we have no choice," Trump told reporters at the White House as he met with top aides and federal disaster officials. "Any amounts of money, whatever it takes, we're going to do it." In remarks aimed at Americans who could find themselves

in harm's way, the president noted that experts were predicting a storm the likes of which the East Coast of the United States has not seen in decades. "We've never seen anything quite like this, on the East Coast at least," he said. "I would say everybody should get out. ... It's going to be really, really bad along the coast." Federal forecasters expect the storm to make landfall on Friday with 130 mph winds and massive waves, with rains taking a heavy toll inland. **Read more on Hurricane Florence on page 8.**

2 GAMES CANCELED AS FLO
NEARS CAROLINA, VIRGINIA

Two major nonconference football games scheduled in the state of North Carolina have been called off this weekend. No. 14 West Virginia's visit to North Carolina State, along with No. 18 Central Florida's game at North Carolina, were nixed from Saturday's schedule because of concerns about the forecast path of Hurricane Florence, which was elevated to a Category 4 storm on Tuesday. School officials announced early Tuesday afternoon that the games are off. Meanwhile, the ACC game Thursday night between visiting

Boston College and Wake Forest in Winston-Salem, N.C., has been moved up two hours to a 5:30 p.m. ET kickoff. South Carolina and Clemson still have home games scheduled Saturday. East Carolina University, meanwhile, canceled classes for the rest of the week. The Pirates are scheduled to visit Virginia Tech on Saturday. "It's important to get the notion across to the team that they can't worry or assume anything," Hokies coach Justin Fuente said. "We just don't know what's going to happen, and we have no control over that. We have to worry about the things we can control."



9/11 CEREMONY HELD IN BOSTON

Boston honored the victims of the Sept. 11 attacks with a ceremony held at the State House. Tuesday's memorial, which was adorned with flowers left in memory of the victims, marked the 17th anniversary of the terror attacks. **For more, see pages 6-7.**

MMA'S MONSON ELECTED
TO RUSSIA COUNCIL

U.S. mixed martial arts fighter Jeffrey Monson, granted Russian citizenship by President Vladimir Putin in May, was elected on Sunday to the council of deputies of a small city just outside Moscow, official election results showed on Monday. Monson, 47, a tattooed cage fighter known as The Snowman, registered in June to run for a seat on the council of Krasnogorsk, northwest of Moscow, where election documents say he now works as a coach in a sports club. On the website of Moscow region's election commission, Monson is listed

as fourth on the ruling United Russia party's list of candidates for the Krasnogorsk city council. United Russia won 47.9 percent of this vote, automatically securing a seat for the MMA fighter, who was born in the U.S. state of Minnesota. Writing on social media, Monson, who has previously cultivated ties to the Russian Communist Party, said he ran as an independent. "I was invited by United Russia party to run but I am independent. Unfortunately I learned there are no communists in Communist party in Russia," Monson said on Monday.

ELIZABETH SMART
ABDUCTOR TO BE RELEASED

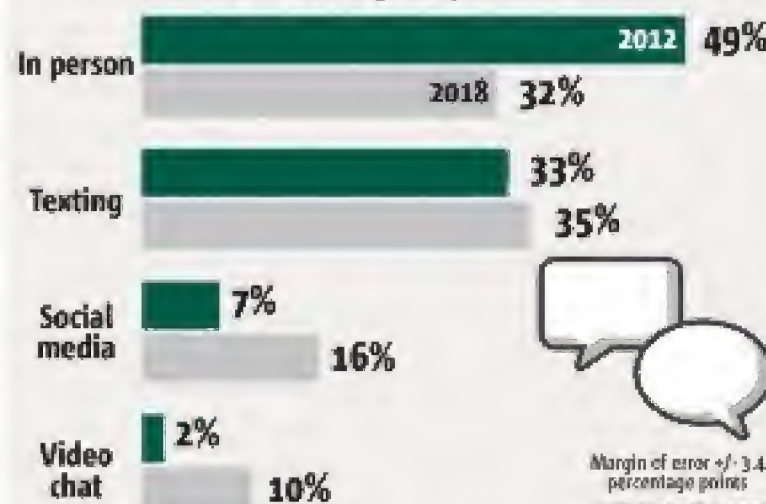
A street preacher's wife who helped abduct 14-year-old Elizabeth Smart in 2002 will walk out of a Utah prison next week after serving 15 years for her part in a kidnapping that focused national attention on the issue of crime against children. Smart was taken at knifepoint from the bed she shared with her younger sister. Brian David Mitchell was sentenced to life imprisonment after being convicted of the kidnapping and unlawful transportation of a minor across state lines to engage in sexual activity. His wife, Wanda Barzee, pleaded guilty to kidnapping

and unlawfully transporting a minor, and was sentenced to 15 years in prison. Barzee first served a prison term for a federal sentence, before being transported to Utah for the rest of her state sentence, which was initially calculated to end in January 2024, said Greg Johnson, the administrative coordinator for the Utah Board of Pardons and Parole. Johnson added that the board later determined it had not counted Barzee's federal time served against her state penalty and found after a review and legal advice that her Utah sentence should end on Sept. 19.

STATS

TEEN COMMUNICATION

Teens don't value face-to-face communication with friends as much as they used to. What is their favorite way of communicating today vs. 2012?





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Whitinsville man buries dog alive over new kitten

"Chico," an 18-year-old Shih Tzu, was rescued but later put down due to horrific injuries.



MORGAN ROUSSEAU
morgan@metro.us

Any instance of animal cruelty is horrifying, but it's nearly impossible to fathom a dog buried alive. But a Whitinsville man was in court Tuesday on a charge of animal cruelty for allegedly burying his dog alive because the pet didn't get along with a new kitten.

Richard Piquard, 24, was arrested Sunday after an acquaintance found the dog buried alive under about 3 feet of dirt and a rock behind the man's home. The Shih Tzu,



Unimaginable animal cruelty — a man has buried a dog alive. NORTHBRIDGE PD/PR

named Chico, was rushed to an animal hospital but had to be euthanized due to his injuries.

"[Chico] was alive. While screaming and questioning how someone could do this I hurriedly removing [sic] him from the hole. He yelped

in pain, dirt in every part of him. He felt flat like a pancake from the rock weighing him down in the hole," wrote Kaylee Belanger on Facebook. Belanger said she went searching for the buried dog with the intention of cremating him after a

"suspicious" conversation with Piquard, who on the previous night told her the dog didn't get along with his 7-week-old kitten and that he "needed to get rid of Chico." On Sunday morning, Piquard texted Belanger to say Chico had "passed away" and was



buried under a rock in the

"Even in my 41 years here, I've never seen anything like it."

Walter Warchol,
Northbridge police chief

woods.

Belanger said vets came to the decision to put the dog down after finding him to be malnourished and dehydrated, and in shock suffering from hypothermia as well as anemia due to the infection of fleas on him.

"He had matted and stained fur. And he was clearly being neglected before being buried alive," Belanger wrote.

"Even in my 41 years here, I've never seen anything like it," Northbridge Police Chief Walter Warchol told the Telegram & Gazette. "We've seen other forms of animal cruelty. Burying something alive is a little beyond the reach."

Piquard was released Tuesday on \$1,000 bail, and is due back in court on Oct. 26, the T&G reported. If convicted, Piquard could face up to seven years in prison and a fine of up to \$5,000. He was ordered not to have any pets and will undergo a mental health evaluation.

The dog belonged to Piquard's ex-girlfriend, police told the T&G, and he had the dog for about 18 months after their breakup because the ex couldn't keep him in her apartment. The kitten is now in the custody of Piquard's parents.



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Boston honors the fallen on 9/11 anniversary

Here's a look at Tuesday's Sept. 11 memorial services around Boston.



MORGAN ROUSSEAU
morgan@metro.us

Hundreds of people turned out Tuesday to mark the 9/11 anniversary and pay respects to the victims, survivors and first responders of the Sept. 11, 2001 terror attacks, which happened 17 years ago.

"On September 11, 2001 our nation changed forever. In the face of evil, America showed our resilience and strength," Mayor Marty Walsh wrote on Twitter. "We pay tribute to



those who lost their lives, and honor the heroes who made the ultimate sacrifice to save others. We will #NeverForget."

Boston's 9/11 anniversary commemoration started off at 8:30 a.m. Tuesday on the State

House lawn, with a flag lowering, a moment of silence and a reading of the names of the victims. Walsh and Gov. Charlie Baker both participated in the State House ceremony. It was around that time at the Charlestown Navy Yard that the USS Constitution began firing its cannon to commemorate the 9/11 anniversary. The cannon firings happened sporadically for two hours and lasted until about 10:30 a.m. Later in the afternoon, there was a public wreath-laying ceremony at the Boston Public Garden's 9/11 Contemplative Garden.

Metro was there to capture many of Tuesday's moments in photographs.



A 9/11 anniversary commemoration ceremony was held at the State House on Tuesday.



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GETTY IMAGES

Southeast braces for 'days and days' of floods from Florence

The strengthening hurricane may dump as much as 30 inches of rain.

The powerful Hurricane Florence threatened to bring "days and days" of rain and potentially deadly flooding to the

U.S. southeastern coast, North Carolina's governor warned on Tuesday, as some one million people were ordered to evacuate their homes.

The storm threatened to hit coastal North and South Carolina with 130 mph winds and massive waves when it makes landfall on Friday, and its rains will take a heavy toll for miles inland, the National Hurricane Center in Miami warned.

The storm was getting bigger and better organized and is expected to continue to strengthen for the next day or so, the NHC said.

"This storm is a monster," North Carolina Gov. Roy Cooper said at a news conference on Tuesday. "It's an extremely dangerous, life-threatening, historic hurricane. The forecast shows Florence stalling over North Carolina, bringing days and days of rain."

Cooper and his counterparts in neighboring South Carolina and Virginia ordered about one million people to evacuate coastal homes, including along the Outer Banks barrier islands. Officials in South Carolina reversed the flow of traffic on some highways so that all major roads led away from the sea to speed evacuations.

Shelters were set up in the area to take in those who could not evacuate.

The slow-moving storm, the most severe hurricane to threaten the U.S. mainland this year, was rated a Category 4 on the five-step Saffir-Simpson scale and located about 845 miles

east-southeast of Cape Fear, N.C., at 1:30 p.m. ET, according to the NHC.

President Donald Trump on Tuesday signed declarations of emergency for both North and South Carolina, freeing up federal money and resources for storm response. Officials have declared states of emergency in North and South Carolina, Virginia, Maryland and the District of Columbia.

In addition to flooding the coast with wind-driven storm surges of seawater as high as 12 feet, Florence could drop 20 inches to as much as 30 inches of rain in places, forecasters said.

"This storm is going to be a direct hit on our coast," said Jeff Byard, associate administrator for response and recovery at the Federal Emergency Management Agency. "We are planning for devastation."

Not everyone was in a hurry to leave. Charles Mullen, 81, a longtime resident of Hatteras Island, N.C., said he had ridden out many storms and that most locals were planning to stay unless Florence took aim at Hatteras.

"If it decides to come here, we're gone," he said.

Residents prepared by boarding up their homes and stripping grocery stores bare of food, water and supplies. Some gas stations also ran low on fuel.

"This is still a very dangerous storm," South Carolina Gov. Henry McMaster said at a Tuesday news conference. **REUTERS**

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Who's coming back for 'American Horror Story: Apocalypse'?

The highly-anticipated crossover between the "Murder House" and "Coven" seasons features many familiar faces.



ANDREW HUSBAND
letters@metro.us

This Wednesday, the eighth season of Ryan Murphy's hugely popular anthology series, "American Horror Story," will premiere on FX. Subtitled "Apocalypse," the latest installment in the television horror franchise promises to be one of its best.

Much of this has to do with the apocalyptic story and setting of the new season, which sees the planet succumb to some kind of world-ending catastrophe that, among other things, entails the rise of the Antichrist. "Apocalypse" is also exciting, however, because it is essentially a crossover of the show's first and third seasons, "Murder House" and "Coven." This means that many of the same characters who haunted those seasons will be back for more.

Recurring cast members is nothing new in the world of Murphy's



Connie Britton

"American Horror Story." Sarah Paulson, Evan Peters and many more have starred in many of the anthology's disparate seasons, often playing wildly different characters. With the "Apocalypse" crossover, it seems they (and many others) will be playing the same roles they originated in the "Murder House" and "Coven" seasons.

Especially Paulson, who played Cordelia Goode in season 3 and Billie Dean Howard in season 1. Considering the more fanciful elements promised by the "Apocalypse" storyline, it's no surprise that "Co-

ven" member Cordelia is back for another round. It also seems ripe for the return of Billie, the medium from season 1 who revealed the "Pope's box" and its foretelling of the end of the world.

Peters' Tate Langdon, a particularly violent ghost from "Murder House," will be making an appearance in season 8. The actor will also be playing a brand new character, as evidenced by the first full trailer for "Apocalypse," but little is known about him.

Aside from Peters' Tate, the Langdons are also well-represented by Jessica Lange's Constance and Cody Fern's Michael, the latter being the literal Antichrist. Constance is the controlling and vengeful mother of Tate, a mass murderer whose ghostly form terrorized the living in "Murder House." As for Michael, he is the product of Vivien Harmon's (Connie Britton) rape by Tate, and therefore the bringer of the end times. Fern is a newcomer to the "American Horror Story" family, but his character is not.

Speaking of Vivien, both she and her deceased husband, Ben (Dylan McDermott) are back. As victims of the so-called "Murder House" in season 1, they hang on as ethereal spirits and, in



Evan Peters

Vivien's case, the mother of the Antichrist. Taissa Farniga's Violet Harmon from "Murder House" is also back, as is her "Coven" character, Zoe Benson. Other returning "Coven" members include Madison Montgomery (Emma Roberts), Queenie (Gabourey Sidibe), Misty Day (Lily Rabe) and Myrtle Snow (Frances Conroy), whose association with the third season's witches academy will no doubt bring them into the "Apocalypse" fold.

"American Horror Story: Apocalypse" premieres this Wednesday at 10 p.m. on FX.



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Bridget Lancaster and Julia Collin Davison will be back to hang out with fans. ALL PHOTOS PROVIDED

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After a successful debut last fall, the ATK Boston EATS Festival is back with another mouth-watering lineup this weekend. The three-day fest will feature appearances and demonstrations by your favorite "America's Test Kitchen" stars, tasty bites from some of the region's top chefs and restaurants, plus plenty of partying in celebration of Cook's Illustrated Magazine's 25th anniversary. Here's everything you need to know about ATK Boston EATS Festival 2018.

Saturday's programming will be focused on the Boston EATS Cooking, Food & Wine Festival portion of the festivities, which means a ton of delicious offerings from New England's best chefs and restaurants. The fest will also have cooking demonstrations, panels and book signings with "ATK" talent such as Bridget Lancaster, Julia Collin Davison, Cook's Illustrated editor in chief Dan Souza and more.

The ATK Boston EATS Festival will conclude on Sunday with the ATK Kids Fest, a new addition geared toward the younger foodies out there. The day will include cooking and science demonstrations, food experiments, tasting stations and other fun activities that are perfect for the little ones.

Tickets for ATK Boston EATS Festival 2018 are available at atkeats.com/tickets. Tickets to the 25th anniversary party are \$125 for general admission and \$200 for VIP. Tickets to Saturday's festivities are \$100 for general admission and \$150 for VIP. Sunday's Kids Fest tickets are \$50 for general admission, \$75 for VIP and \$5 for kids.

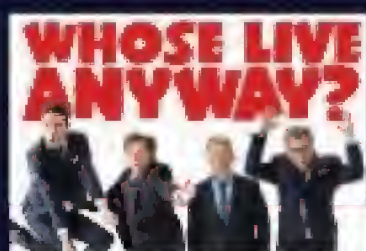
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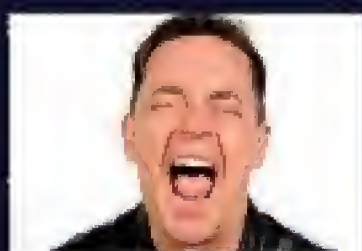
This year's ATK Boston EATS Festival will take over the Boston Seaport's Innovation and Design Building, which is also home to the "ATK" studios and headquarters, at 21 Dry Dock Ave. from Sept. 14-16.

The fest will kick off on Friday with a '90s-themed bash to celebrate 25 years of Cook's Illustrated Magazine. Guests will get a chance to party with "ATK" stars, feast on birthday cake and unlimited food samples from Boston's top chefs, as well as sip on birthday-themed cocktails and dance along to '90s jams.

CHEVALIER

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SEPT 15

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- Gather Haley House Bakery Cafe
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- Juliet
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- Neptune Oyster
- PABU Izakaya
- Post 390
- Prairie Fire
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- Spyce
- Taza Chocolate
- Whole Heart Provisions
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SUNDAY, SEPT. 16,
11 A.M.-1:30 P.M.

Restaurants

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- Effie's Homemade
- Juice Press

- Kings Dining & Entertainment
- Lumière
- Rosa Mexicano
- Seacoast Sweets
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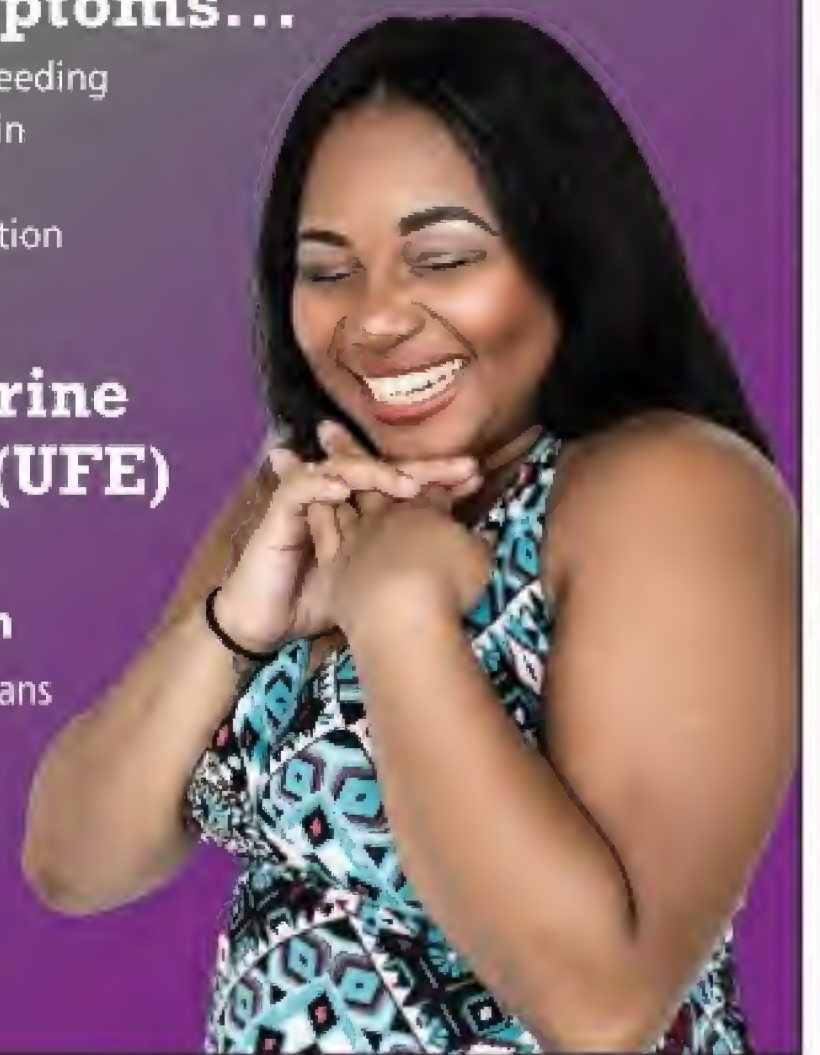
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5 Tips to help fix your bad posture

It's never too late to
stop the slouch.



PAT KING
patrick.king@metro.us

Do you find yourself hunching your way through life? Well, it turns out the little things we do throughout the day can contribute to bad posture, which can affect our breathing patterns and digestion. We spoke with Charlotte Reardon, a New York-based trainer with Bicoastal Management modeling agency, who has recently worked with models for Adidas, DVF and Jason Wu, to see why good posture is so important and how we can correct it.

"Posture is so incredibly important in so many different ways," explains Reardon, who had made a career of being a fit model and ballerina before coaching people in those industries on fixing their bad posture. "Hunching over is such a normal thing for everyone. Everybody looks at a tablet and they don't look at it at eye level. The way we look at our tablets makes us hunch over in general." Here are five easy tips from Reardon to help you fix your bad posture.

1.) Set reminders on your phone

Setting reminders for yourself on your phone to straighten out your back while you are at work can make a huge difference. By just taking a few minutes, three to four times a day, you can start to focus on breaking your bad habits once and for all. Reardon believes that it just takes a little reminder to get on the right track. "Eventually, you probably won't have to set those alarms because you will be able to feel it."

2.) Tense and re- lease your abs

Since many of us have jobs where we are sitting at our desks all day, pressure from the rest of our body can take a toll on our lower back over time. To alleviate this pressure, Reardon believes you should take the time to tense and release your abs a few times a day. "Imagine you have a straight line like a long string going through your spine that is pulling you up," explains Reardon. "Instead of just trying to give yourself a straight back, you are trying to lift off of your hips. That's the first thing that we try to talk about in ballet — to try and lift off of your legs and create more space in your midriff."

3.) The "high release"

By lifting the top part of your shoulders backwards you will lengthen the center of your back and help open up your breathing. This is what Reardon calls a "high release" and it can do wonders for your back, especially if you are hunched in front of a screen answering emails all day.

4.) Head and neck rolls

Since the average head weighs about 11 lbs., our necks can get tense, causing us to lean forward rather than upright with good posture. By taking a few moments to roll your neck, you can relax those muscles before this leads to tension headaches. Reardon suggests taking a few minutes a day to roll your neck in both directions and to also nod your head up and down as if you are affirming "yes" and "no."

5.) Shoulder rolls

Lastly, Reardon suggests rolling your shoulders throughout the day. Making sure you are doing it properly will make all of the difference. "I always tend to tell everybody not to pull their shoulders forward because if we are pushing our shoulders forward, that really promotes that slouch again."

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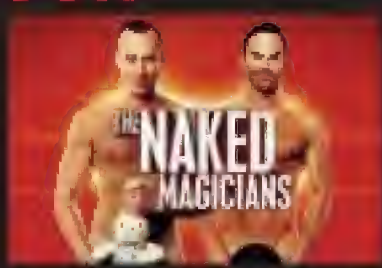
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The Pick:
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NFL Power Rankings: Week 2

Ranking the top teams in the NFL ahead of Week 2.

LUKE MILLER
lml@metro.us

1. Philadelphia Eagles (1-0) Def. Atlanta 18-12. Last Week: 1

The Super Bowl MVP edition of Nick Foles wasn't on display in Philadelphia as the defending champs opened the season, but the Eagles didn't need that Nick Foles either. Jay Ajayi looked ready to slot into as much of a workhorse role as the Eagles are willing to give him. He scored both of Philadelphia's touchdowns. The Eagles next face the Buccaneers, who suddenly are looking threatening.

2. Minnesota Vikings (1-0) Def. San Fran. 24-16. Last Week: 2

Kirk Cousins turned in a very Case Keenum debut in Minnesota and Dalvin Cook returned to action with 95 total yards. The running back's best run of the day was, however, marred by a fumble. Still, the Vikings cooled off the 49er hype around the league and looked every bit the NFC title contender they were in 2017.

3. New England Patriots (1-0) Def. Houston 27-20. Last Week: 3

The Patriots certainly didn't need to lose another skill player on offense, but Jeremy Hill is now done for the season. That didn't stop Tom Brady from throwing three touchdown passes. After one week, Phillip Dorsett and Rex Burkhead are the early contributors to watch alongside, of course, Rob Gronkowski.

4. Los Angeles Rams (1-0) Def. Oakland Raiders 33-13. Last Week: 5

The Rams got some contributions from their new stars Monday night: Brandin Cooks had 87 yards receiving and Marcus Peters was one of three Los Angeles players to intercept Derek Carr. After trailing to start the game, the Rams outscored the Raiders 23-0 in the second half to close out the first weekend of football with



The Patriots' defense showed up in a big way in Week 1. GETTY IMAGES

one of the most impressive victories.

5. Kansas City Chiefs (1-0) Def. LA Chargers 38-28. Last Week: 15

We said the Chiefs would go as Patrick Mahomes did, and that looks like good news after this debut. The second-year quarterback threw four touchdowns, two to star receiver Tyreek Hill, who also had a 91-yard punt return score to start the afternoon's scoring. This Kansas City team is going to be fun to watch, unless you're a Chargers fan. They just beat their division rivals for the ninth straight time.

6. Baltimore Ravens (1-0) Def. Buffalo 47-3. Last Week: 18

The weather some might point to as an excuse for the performance of the Bills' quarterbacks didn't slow down Joe Flacco any. Working with new receivers Michael Crabtree, Willie Snead, and John Brown, Flacco threw a touchdown to each and avoided turning the ball over. The Ravens defense feasted on the Bills, recording six sacks and intercepting Nathan Peterman twice. They finished with such a comfortable lead that rookie QB Lamar Jackson was able to see the field despite his status as the third-string quarterback.

7. Jacksonville Jaguars (1-0) Def. NY Giants 20-15. Last Week: 6

Jalen Ramsey got picked on a little bit by Odell Beckham Jr. Sunday afternoon, but OBJ will do that to people. More troubling was the disappearance of Leonard Fournette from the field in the second half. The second-year tailback is apparently ready to go moving forward, however, and the Jaguars were only being cautious.

8. Green Bay Packers (1-0) Def. Chicago 24-23. Last Week: 9

Aaron Rodgers' heroics on Sunday night have overshadowed the fear of whether the Packers may have to again play without their talisman for an extended period of time. Those fears arose when Rodgers' knee took an ugly bend and they haven't been quieted yet. While the comeback took all the headlines, the Packers playing themselves into that position did little to convince the team has any shot at a season without Rodgers.

9. Atlanta Falcons (0-1) Lost to Philadelphia 18-12. Last Week: 8

2018 began exactly where 2017 ended for the Falcons. Fourth and goal as time expired in Philadelphia. Atlanta went toe-to-toe with the defending

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27. Titans
28. Lions
29. Raiders
30. Cardinals
31. Colts
32. Bills

Super Bowl champions again but couldn't find the end zone when it mattered. It's a troubling recurrence for a team that struggled in the red zone in 2017, particularly when trying to get the ball to Julio Jones.

10. Carolina Panthers (1-0) Def. Dallas 16-8. Last Week: 11

Sad news for Panthers tight end Greg Olsen, who re-fractured his foot in the victory. Olsen will be missed, as the offense was short on playmakers in the win over Dallas. Christian McCaffrey had 95 total yards on 16

touches, but Cam Newton led the team in rushes and rushing yards while throwing for just 161 yards. The defense on the other hand, wreaked havoc on Dak Prescott and Co., recording five sacks.

11. Pittsburgh Steelers (0-0-1) Tied Cleveland 21-21. Last Week: 7

On one hand, the Steelers' ground game looked just fine with Le'Veon Bell still absent. James Conner scored his first two NFL touchdowns and rolled for 192 total yards. On the other, Ben Roethlisberger played his worst game since an early season loss to Jacksonville last year.

12. New Orleans Saints (0-1) Lost to Tampa Bay 48-40. Last Week: 4

A late pair of touchdowns and two point conversions made this game look a lot closer for the Saints, but the ugliness is still there. A secondary that improved by leaps and bounds in 2017 was just torched by Ryan Fitzpatrick and the team failed to record a single sack or turnover. All the offensive fireworks were still there, but this iteration of the Saints looked a lot closer to the teams of the previous five years than the contenders we saw in 2017.

Bruins deal away McQuaid to Rangers

New York gives up Steven Kampfer in the deal.

RICH SLATE
sports@metro.us

On every successful team, there is a glue guy. A player that doesn't get nearly the attention they deserve yet their coaches and teammates know just how much they contribute to make things run at a peak performance level. The 2018 Bruins training camp frantically opened on Tuesday morning (with half the team departing later that afternoon for a preseason trip to China, where they'll play Calgary twice) to the surprising news that longtime defenseman Adam McQuaid had been traded to the Rangers for defenseman Steven Kampfer (who was briefly a Bruin,



Adam McQuaid has been a key cog for the Bruins for nearly a decade. GETTY IMAGES

from 2010-12), a 2019 fourth-round draft pick and a 2019 conditional seventh-round pick.

An ultra-physical, old-school defenseman, McQuaid was a second-round pick for Colum-

bus in 2005 but after a trade to Boston in 2007 (for a fifth-round pick), he's played his entire NHL career (2009-present) in a black-and-gold uniform. Fittingly enough, he had his best

season in 2011 (3 goals, 12 assists, plus-30, 96 penalty minutes) and won the Stanley Cup with the Bruins that summer. Since then, he's battled through countless serious inju-

ries — a byproduct of his unforgiving style of play — but continued to have the respect of everyone in the Bruins dressing room and throughout the organization.

"It's a very difficult day," admitted Boston GM Don Sweeney as he announced McQuaid's trade to the media. "We want to thank Adam. He was a tremendous Bruin and a tremendous teammate."

Between injuries and getting squeezed out for playing time by the influx of talented young defenseman, McQuaid only appeared in 38 regular-season games for the Bruins in 2017-18, but he was in the lineup for all 12 playoff games against Toronto and Tampa Bay. At 31, he can still bring plenty of value to New York in terms of leadership and as a proven winner, two enviable traits that the Rangers currently lack.

Unlike Boston, which realistically sees itself as a Cup contender for the near future, the Rangers are in full rebuilding mode, and McQuaid is the perfect type of guy that younger players will enjoy being around — and more importantly, learn how to be an NHL player from.

Very quiet and soft-spoken by nature, McQuaid is still one of the toughest guys in the NHL and as such, he is rarely challenged to a fight. But he's always willing to drop the gloves for himself or to help a teammate.

"All of the guys from 2011, we'll be friends for life," said Bruins captain Zdeno Chara. "Unfortunately this is part of the business and it has to be accepted. Adam's willingness to do the extra things — blocking shots, standing up for teammates, etc. — those are hard qualities to find."

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60-64	\$136.00	\$103.50	\$55.00	\$42.00	\$28.00	\$21.50	\$17.20	\$13.30
65-69	\$163.50	\$126.00	\$66.00	\$51.00	\$33.50	\$26.00	\$20.50	\$16.00
70-74	\$221.00	\$171.00	\$89.00	\$69.00	\$45.00	\$35.00	\$27.40	\$21.40
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FRESH FACE



The Patriots made several roster moves Tuesday, bringing in wide receivers Corey Coleman (above) and Bennie Fowler. They are also likely to add running back Kenjon Barner. GETTY IMAGES

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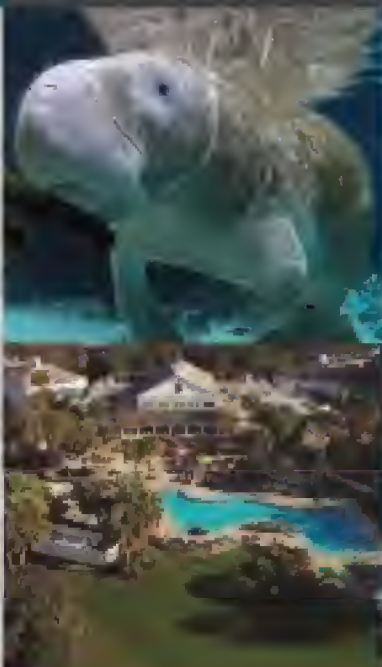
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September 5, 2018, September 12, 2018
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LEGAL NOTICES

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Nateram Balasar and Sunens Balasar and Surojanis 'Davis Balasar' to Mortgage Electronic Registration Systems, Inc., as nominee for Dream House Mortgage Corporation, its successors and assigns, dated April 4, 2006 and registered with the Suffolk County Registry District of the Land Court as Document Number 718949 noted on Certificate of Title Number 106363, subsequently assigned to HSBC Bank USA, National Association as Trustee for Nomura Asset-Backed Certificates, Series 2006-AF1 by Mortgage Electronic Registration Systems, Inc., as nominee for Dream House Mortgage Corporation, its successors and assigns by assignment registered with Suffolk County Registry District of the Land Court as Document Number 794998 noted on Certificate of Title Number 106363, subsequently assigned to HSBC Bank USA, National Association as Trustee for Nomura Home Equity Loan, Inc., Asset-Backed Certificates, Series 2006-AF1 by HSBC Bank USA, National Association, as Trustee for Nomura Asset-Backed Certificates Series 2006-AF1 by assignment registered with Suffolk County Registry District of the Land Court as Document Number 00851329 noted on Certificate of Title Number 106363 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 10:00 AM on September 19, 2018 at 76 Litchfield Street, Boston (Brighton), MA, all and singular the premises described in said Mortgage.

TO WH:

That certain parcel of land situate in that part of Boston, formerly Brighton, in the County of Suffolk and Commonwealth of Massachusetts, bounded and described as follows: Southeastern by Litchfield Street, forty (40) feet; Southwesterly by land now or formerly of Bessie M. Lundy, one hundred fifteen (115) feet; Northwesterly by land now or formerly of Domestic Sawicki, forty (40) feet; and Northeastly by lot 2 as shown on plan hereinafter mentioned, one hundred fifteen (115) feet. All of said boundaries are determined by the court to be located as shown on a plan drawn by Joseph Salvyn, engineer, dated March 3, 1968, as modified and approved by the court, filed in the land registration office as plan No. 28238-A, a copy of a portion of which is filed with certificate of title No. 62926, and shown thereon as lot one (1). Tax ID #2200820001 Meaning and intending to describe the land in deed at Document No. 489247, with Certificate No. 106363.

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

HSBC Bank USA, National Association as Trustee for Nomura Home Equity Loan, Inc., Asset-Backed Certificates, Series 2006-AF1 Present Holder of said Mortgage, By Its Attorneys, ORLANDO PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 15-014878

August 20, 2018, September 5, 2018 and September 12, 2018.

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by John G. Coyne, Margaret M. Coyne and Christine Coyne to Mortgage Electronic Registration Systems, Inc. as nominee for WMC Mortgage Corp., its successors and assigns, dated November 10, 2006 and recorded with the Suffolk County Registry of Deeds at Book 40972, Page 160, subsequently assigned to HSBC Bank USA, N.A., as Trustee on behalf of ACE Securities Corp. Home Equity Loan Trust and for the registered holders of ACE Securities Corp. Home Equity Loan Trust, Series 2007-WM2, Asset-Backed Pass-Through Certificates by Mortgage Electronic Registration Systems, Inc. ("MERS") as designated nominee for WMC Mortgage Corp., beneficiary of the security instrument, its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 53256, Page 5 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on October 3, 2018 at 18 Abnott Street, Boston (Dorchester), MA, all and singular the premises described in said Mortgage.

TO WH:

ALL THE FOLLOWING PROPERTY IN SUFFOLK, MASSACHUSETTS: THE LAND WITH THE BUILDINGS THEREON SITUATED IN THAT PART OF BOSTON, CALLED DORCHESTER, SUFFOLK COUNTY, MASSACHUSETTS AND SHOWN AS LOT 14, ON A PLAN ENTITLED "PLAN OF PROPERTY IN BOSTON (DORCHESTER), SCALE 40 FEET TO AN INCH, BY GEORGE L. PHILPOTT, SURVEYOR, BOSTON, JANUARY 26, 1927, RECORDED WITH SUFFOLK DEEDS IN BOOK 4873, PAGE 517 BOUNDED AND DESCRIBED AS FOLLOWS: SOUTHEASTERLY BY PROPOSED STREET NOW KNOWN AS ANBROTH STREET, FORTY AND 00/100 (40.00) FEET; SOUTHWESTERLY BY LOT 15, AS SHOWN ON SAID PLAN, NINETY AND 00/100 (90.00) FEET; NORTHWESTERLY BY LOT 7, AS SHOWN ON SAID PLAN, FORTY AND 00/100 (40.00) FEET; AND NORTHEASTERLY BY LOT 13, AS SHOWN ON SAID PLAN, NINETY AND 00/100 (90.00) FEET. CONTAINING 3600 SQUARE FEET ACCORDING TO SAID PLAN. 35621-17

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

HSBC Bank USA, N.A., as Trustee on behalf of ACE Securities Corp. Home Equity Loan Trust and for the registered holders of ACE Securities Corp. Home Equity Loan Trust, Series 2007-WM2, Asset-Backed Pass-Through Certificates Present Holder of said Mortgage, By Its Attorneys, ORLANDO PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 17-017463

September 12, 2018, September 19, 2018 and September 26, 2018.

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ACROSS

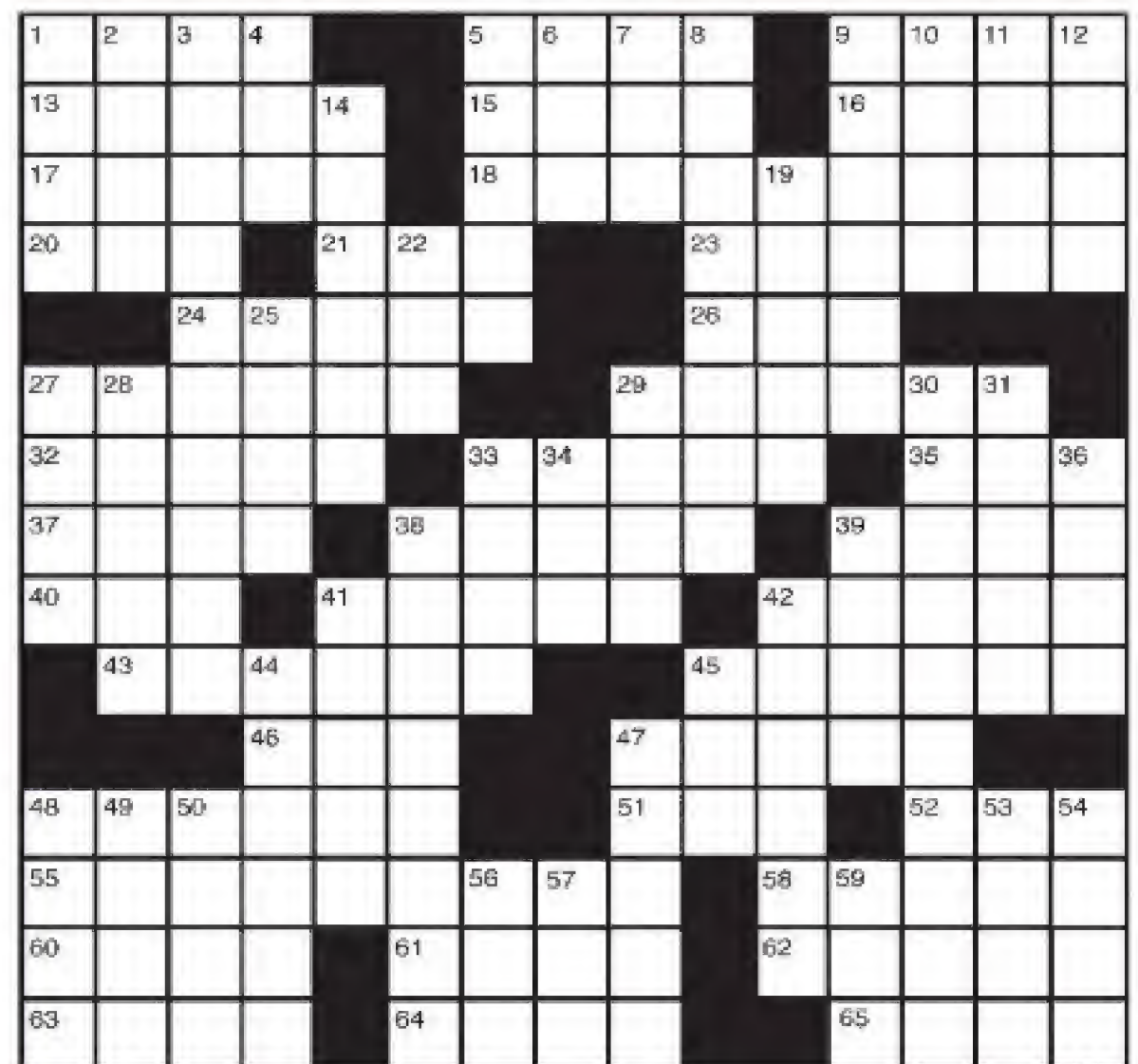
- 1 Money
5 Sassy child
9 Slender
13 Stomach ailment
15 "___ Window"; James Stewart classic
16 Flagstaff
17 Binge
18 Ready for use
20 Fraternity letter
21 Hang limply
23 Woods
24 Burial sites
26 Spanish article
27 Contemptuous writing
29 Tendons
32 Grown-up
33 Tarkenton & Drescher
35 Chicken's mother
37 Cooper or Sinise
38 "Nothing ___!"; firm refusal
39 Monetary penalty
40 Years lived
41 Mark one's cattle
42 Steed
43 Respect highly

- 45 Dirty
46 ___-been; one no longer popular
47 Once every 24 hours
48 Deadly vipers
51 FedEx competitor
52 High chair accessory
55 Victoria's Secret purchase
58 Once and again
60 Opposite of a boon
61 Hammerer's target
62 Tear to bits
63 Edibles with fragile shells
64 Black Jack & Juicy Fruit
65 Chances

DOWN

- 1 Part of a tooth
2 Mont Blanc's range
3 Holy writings
4 TV's "___ Haw"
5 Boasts
6 Gun the engine
7 Motorists' assn.
8 Insignificant
9 Few and far between
10 Part of the ear
11 Misfortunes
12 Bump into

- 14 Vacation destination
19 Mortgages, e.g.
22 Supped
25 Easter flower
27 Long story
28 Saying
29 Make wood smooth
30 Helicopter
31 Good judgment
33 Beer topper
34 "The Adventures of ___ Tin Tin"
36 Requirement
38 Ranch or French
39 Aluminum wrap
41 Chicago team
42 Lifts with effort
44 Graduate papers
45 Gullible fool
47 Sword fights
48 Singer & actress Lane
49 Boring event
50 "Phooey!"
53 Like petits fours
54 Hospital ward furniture
56 Thirsty Parisian's need
57 Curved edge
59 "___ says so?"; skeptic's reply

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		5					6	3
6			1		4		2	
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2	5	9	4					7
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3					5	6	4	9
				1				
	8		7		2			1
1	6					3		

metro.us/horoscopes



Aries Do your best to work amicably. You'll accomplish more if you can get along with others and concentrate on doing what you do best. More action and less talk will get the job done.



Taurus Embrace change and don't look back. Use your intelligence and knowhow to get things done properly. A kind gesture will help you avoid upsetting a loved one.



Gemini Take a closer look at what others are doing. You may have to make an adjustment to uphold your end of a bargain. Don't trust someone making idle promises.



Cancer Go over every detail and size up your situation before making a move. Look for the best way to bring others together to lighten your load. If you coordinate well, you will control the outcome.



Leo Don't initiate change. Wait and see what needs to be done, and choose the amount of time, money and effort required rather than overdoing it.



Virgo Sort through any differences you have with a friend or relative calmly if you want to make progress. A change of pace, location or mode of communication will improve your outlook.



Libra Don't make a big deal out of a trivial situation. Let things unfold naturally, and adapt to the changes happening around you. Do your share and avoid complaints.



Scorpio Don't let an emotional situation lead to an argument. You'll do better if you are less aggressive and more empathetic to other people's needs. Don't disrupt things when you should be facilitating them.



Sagittarius How you help others will make a difference. If you take over other people's responsibilities, they will never learn how to take care of themselves. Oversee rather than overdo.



Capricorn If you give whatever you do your best shot, positive change will come about. Money is heading your way. Collecting an old debt, making an investment or looking over your resources is favored.



Aquarius Leave well enough alone. You are best off taking a breather and figuring out a way to move forward with the least amount of stress. Reject temptation.



Pisces You've got plenty to gain by following your instincts. A chance to collaborate with someone should be considered carefully. Don't mix business with pleasure. A change of heart is likely. EUGENIA LAST

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Yesterday's Answers

B	E	G	S	C	O	F	F	A	L	S	O
L	I	N	E	I	L	I	A	D	C	O	C
O	N	C	E	C	O	N	T	R	A	C	T
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S	I	N	F	E	A	T	S	L	E	V	E
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E	A	R	S	S	O	P	H	S	A	D	S

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